



Large Banner
8.5 ft x 4 ft



THEY DID IT – NOW IT'S YOUR TURN!

THESE "DUELING" FAMILIES LEARNED FROM
THE FORT WORTH SUSTAINABILITY TEAM ON HOW TO
BECOME MORE SUSTAINABLE IN THEIR EVERYDAY LIVES.

THE WATSON'S

Meet Steve and Ginger Watson
and their children, Lola and Ruby



THE PARKER'S

Meet Dan and Ann Parker
and their son, William



COMPOSTING

- Take a Master Composter Course offered biannually. The course covers everything needed on how to reduce home organic waste and improve gardening through backyard composting and more
- Don't Bag It – Mow over leaves to mulch them and leave them on the lawn to help serve as fertilizer for your lawn
- Plant native plants which are adaptive to Texas heat and require less water.



HEATING?

- Switch your ceiling fan to turn in a counter-clockwise direction in the summer; in the winter, run it at low speed, but clockwise.
- Block the sun from overheating your home! Inside, use shades, blinds and drapes. Outside, use awnings, trees and shrubs.
- Don't block air vents with drapes and furniture.

TIPS TO BECOME MORE SUSTAINABLE IN YOUR EVERYDAY LIFE



HELP AIR QUALITY

- Refuel cars and trucks after dusk, when emissions are less likely to produce ozone.
- Delay using gasoline-powered lawn and garden equipment until air quality is healthy again.
- Inflate your car's tires to the recommended pressure.



RECYCLE, REDUCE, REUSE!

- Increase what goes into their recycle bins and learn to recycle the right items
- Have a garage sale or donate items for reuse. Clothing, household items, books and magazines can all find a new home when donating and helps reduce the waste stream. Even clothing in disrepair is accepted by Goodwill for scrap fabric recycling.
- Unless you buy recycled, you're not truly recycling. Try purchasing items that have recycled content material in them.



ENERGY PRACTICES IN TRANSPORTATION

- Limit engine idling. Avoid drive-thru lines, go inside instead.
- In school zones, remind other parents to turn off their vehicles while waiting to reduce emissions around children.
- Remember when you idle, your vehicle is contributing to the creation of ground-level ozone, DFW's major air pollutant.



INSTALLING WATER-CONSERVING / HIGH-EFFICIENCY TOILETS

- Standard toilets can flush up to 5 gallons of potable water with each use. Modern 1.28 gallon water conserving, high-efficiency toilets are designed to reduce the water use but maintain the level of pressure required to dispose of waste.
- Standard faucets can use up to 3 gallons per minute if left running. Low-flow faucets and aerators provide water flow for hand washing, but with less water. Aerators are very easy to change out too! Just screw the old one off and screw the new one on!
- Eliminate Use of Water for Surface Cleaning. Water is often used for surface cleaning when a simple broom will do. Don't use the hose to wash off your patio and driveway. Get some exercise and use a broom! Or blow it off into the yard.

2-Sided Handout Card
6 in. x 9 in.



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"Not only will this contest be an awesome help for us as we try to live a more sustainable life, but our neighbors could also learn from what we experience as well! We also want to show our two daughters how important it for us to make choices that help our environment.

We really want to be as green as possible but don't know where to start!"

THE PARKER'S

Meet Dan and Ann Parker
and their son, William



"Our family struggles with the goal of environmental responsibility and the realities of an incredibly busy lifestyle. We are trying to teach our son the value not only of green "basics," like recycling and energy conservation, but also the importance of making ecologically thoughtful choices.

We promise to share what we learn with our neighbors and friends, so that we can all make Fort Worth a great Green City!"



Large Poster
24 in. x 36 in.